



2016 Heart Failure Essentials for Cardiology Fellow
July 30, 2016

Diuretic Resistance and Cardiorenal syndrome

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Definition of Cardiorenal Syndrome (CRS)

NHLBI working group definition (2004)

The extreme cardio-renal dysregulation whereby therapy to relieve congestive symptoms of heart failure is limited by further decline in renal function.

ADQI Classification (2009)

Disorder of the heart and kidneys whereby acute or chronic dysfunction in one organ may induce acute or chronic dysfunction of the other

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Definition of Cardiorenal Syndrome (CRS)

**Worsening renal failure
(WRF)**

+

**Persistent congestion
(Diuretic resistance)**

Increase in creatinine of ≥ 0.3 mg/dl
or 25% increase from baseline

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Definition & Classification of Cardiorenal Syndrome

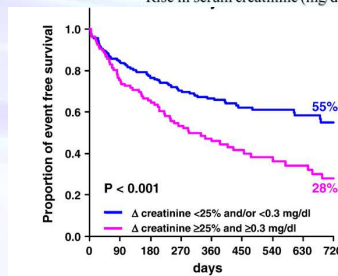
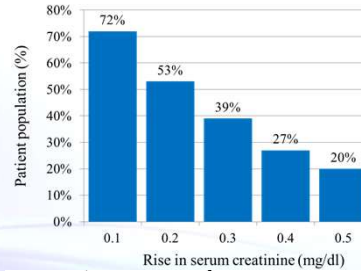
A complex pathophysiological disorder of the heart and kidneys whereby acute or chronic dysfunction in one organ may induce acute or chronic dysfunction in the other organ.

CRS Type 1 (acute cardiorenal syndrome)
Acute worsening of cardiac function (e.g. ADHF or ACS) leads to AKI
CRS Type 2 (chronic cardiorenal syndrome)
Chronic cardiac dysfunction leads to progressive and potentially permanent CKD
CRS Type 3 (acute renocardiac syndrome)
AKI leads to acute cardiac dysfunction (eg. acute HF, arrhythmia, or ischemia)
CRS Type 4 (chronic renocardiac syndrome)
CKD leads to progressive cardiac dysfunction
CRS Type 5 (secondary cardiorenal syndrome)
Systemic conditions (eg. sepsis or DM) cause simultaneous cardiac & renal dysfunction

Adapted from Ronco C, et al. Contrib Nephrol 2010, 164:33-8.

Prevalence and Prognostic Importance of WRF in ADHF

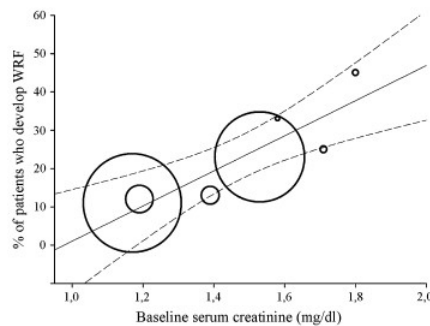
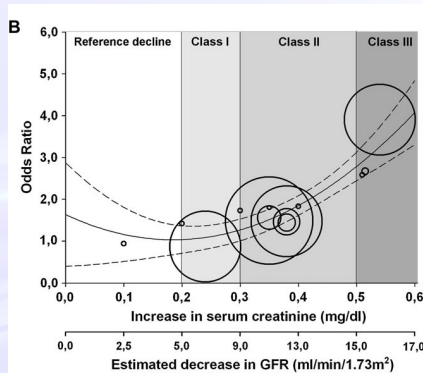
- Prevalence: 23%
- Serum creatinine ≥ 0.3 mg/dL
- In-hospital mortality:
 - Sensitivity of 65%
 - Specificity of 81%
- 2.3 days increase in LOS
- 67% \uparrow risk of death within 6 months after discharge
- 33% \uparrow risk for readmission



Gottlieb SS, J Card Fail 2002. Metra M, Euro J HF 2008.

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Degree of Worsening Renal Function, Serum Creatinine and Mortality



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Damman K, et al. JCF 2007.

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Cardiorenal syndrome Type 1

- Hemodynamic alterations
- Pharmacological intervention
- Neurohormonal activation
- Biochemical dysregulation

18 *Ronco C, et al. J Am Coll Cardiol 2008;52:1527-39.*

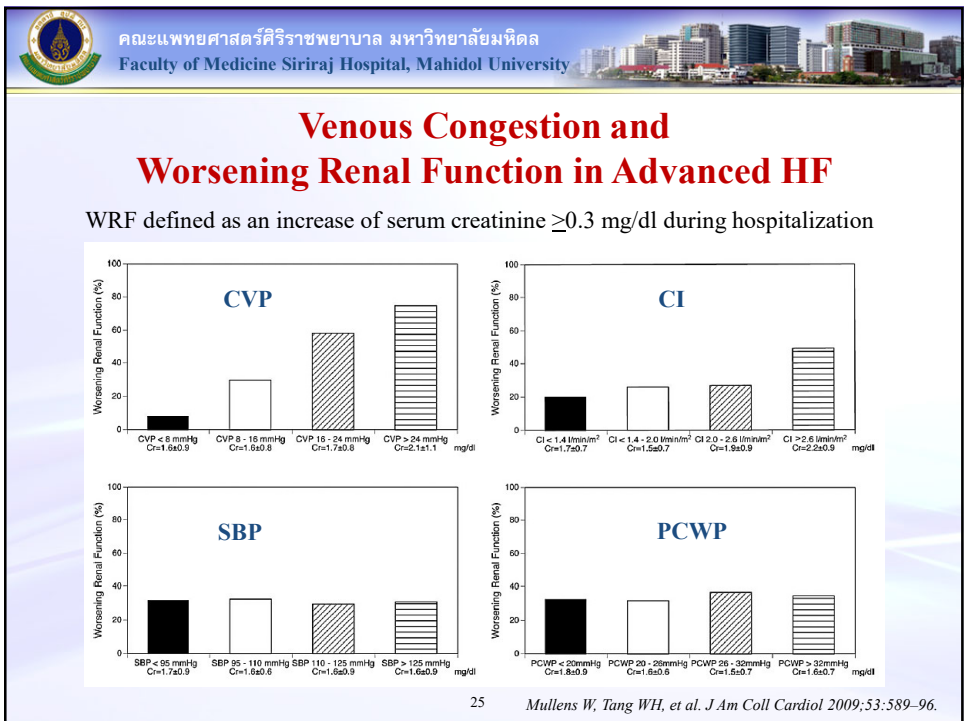
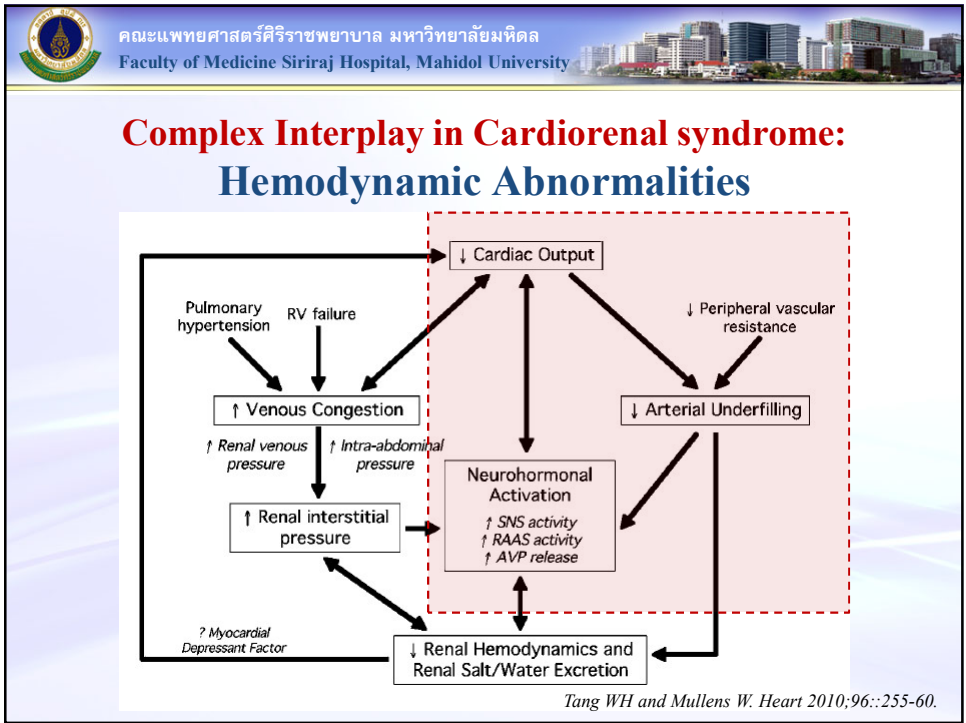
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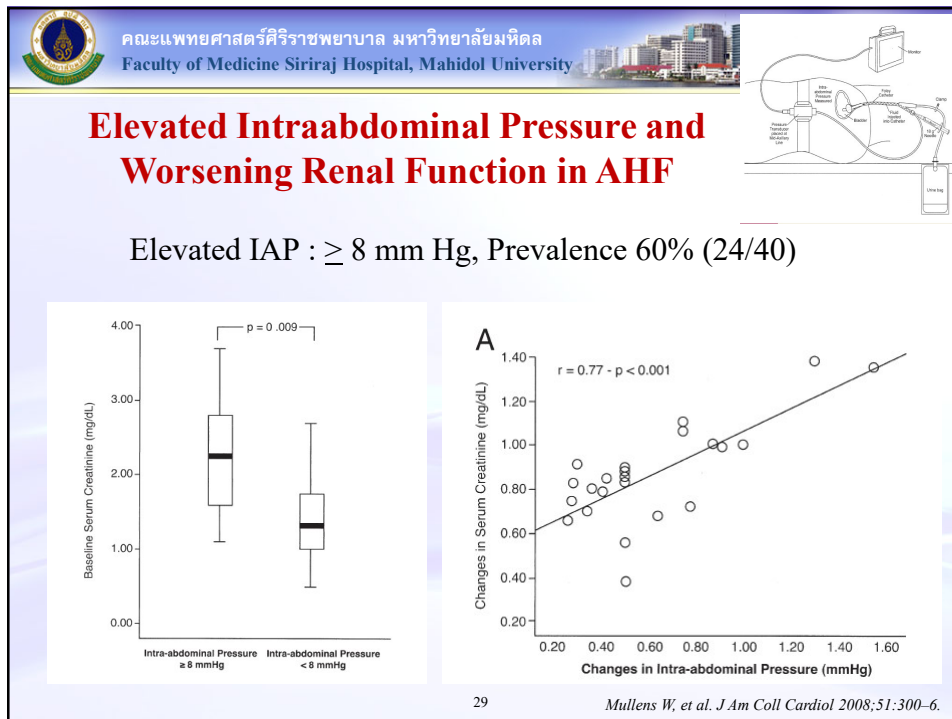
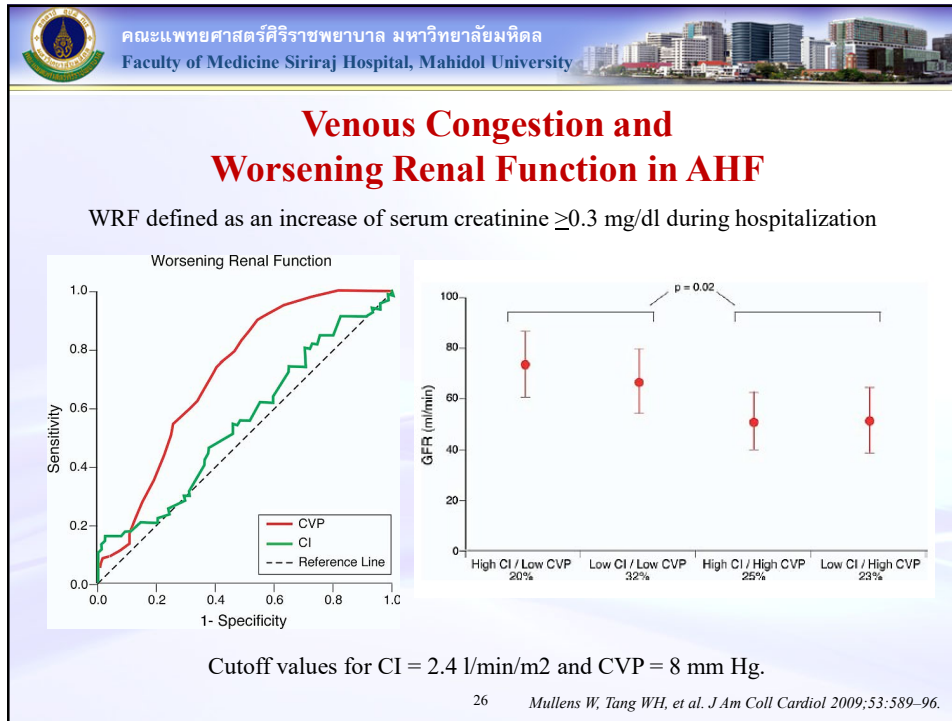
Cardiorenal syndrome: Pathophysiology

Hemodynamic Abnormalities

- Low cardiac output
- Venous congestion
- Increased intraabdominal pressure

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Glomerular Hemodynamic Changes in Heart Failure

GFP = RPP – RVP

↓ CO/MAP

↑ Renal venous congestion

↓ GFP

↓ **GFR**

↑ PTP

↑ IAP and RIP

GFP = glomerular filtration pressure
RPP = renal perfusion pressure
RVP = renal venous pressure

PTP = proximal tubule pressure
IAP = intraabdominal pressure
RIP = renal interstitial pressure

30 Dupont M, et al. Curr Heart Fail Rep 2011.

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Glomerular hemodynamics: Effects of ACEI on Renal Hemodynamics

NORMAL

HEART FAILURE

AngiotensinII

Efferent constriction

HEART FAILURE + ACEI

ACEI

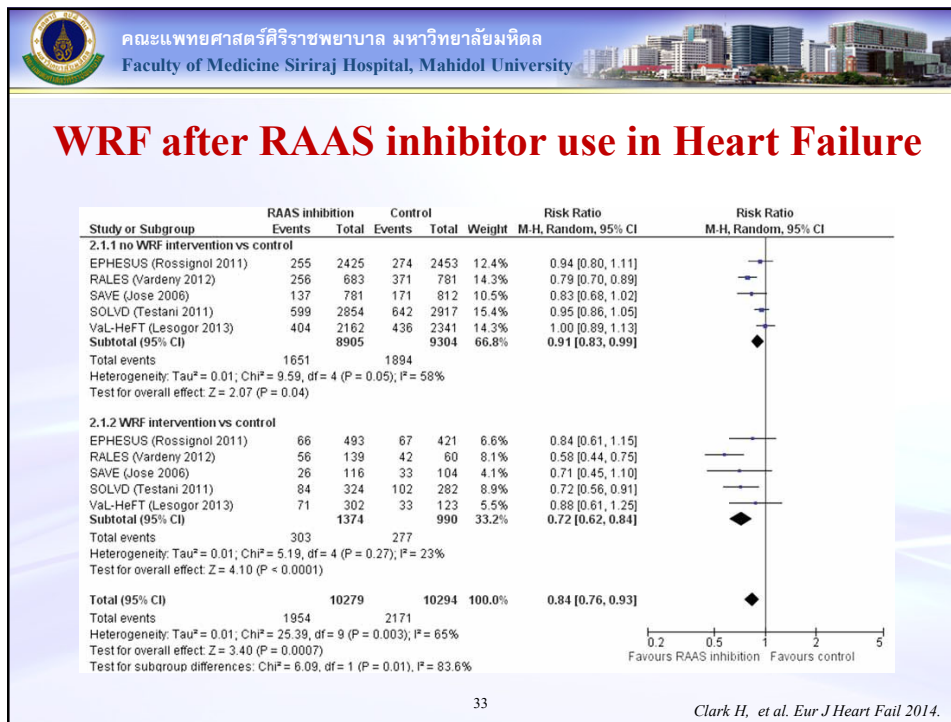
Efferent dilation

	Afferent	Efferent
P ₂ (mmHg)	90	58
π (mmHg)	21	33
P _B (mmHg)	15	15
P _W (mmHg)	24	10
P _T (mmHg)		14
GFR (ml/min/1.73 m ²)		90

	Afferent	Efferent
P ₂ (mmHg)	60	58
π (mmHg)	21	33
P _B (mmHg)	12	12
P _W (mmHg)	27	13
P _T (mmHg)		14
GFR (ml/min/1.73 m ²)		82

	Afferent	Efferent
P ₂ (mmHg)	55	53
π (mmHg)	21	33
P _B (mmHg)	15	15
P _W (mmHg)	19	15
P _T (mmHg)		4
GFR (ml/min/1.73 m ²)		60

32 Triposkiadis F, et al. Heart Fail Rev 2012, 17:355–66.



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Original Investigation


Low-Dose Dopamine or Low-Dose Nesiritide in Acute Heart Failure With Renal Dysfunction The ROSE Acute Heart Failure Randomized Trial

Hong H. Chen, MBBCh; Kevin J. Anstrom, PhD; Michael M. Givertz, MD; Lynne W. Stevenson, MD; Marc J. Semigran, MD; Steven R. Goldsmith, MD; Bradley A. Bart, MD; David A. Bull, MD; Josef Stehlik, MD; Martin M. LeWinter, MD; Marvin A. Konstam, MD; Gordon S. Huggins, MD; Jean L. Rouleau, MD; Eileen O'Meara, MD; W. H. Wilson Tang, MD; Randall C. Starling, MD, MPH; Javed Butler, MD, MPH; Anita Deswal, MD; G. Michael Felker, MD; Christopher M. O'Connor, MD; Raphael E. Bonita, MD, ScM; Kenneth B. Margulies, MD; Thomas P. Cappola, MD, ScM; Elizabeth O. Ofili, MD; Douglas L. Mann, MD; Victor G. Davila-Roman, MD; Steven E. McNulty, MS; Barry A. Borlaug, MD; Eric J. Velazquez, MD; Kerry L. Lee, PhD; Monica R. Shah, MD, MHS, MSJ; Adrian F. Hernandez, MD, MHS; Eugene Braunwald, MD; Margaret M. Redfield, MD; for the NHLBI Heart Failure Clinical Research Network

- Hypothesis: **low-dose dopamine** or **low-dose nesiritide** may enhance decongestion and preserve renal function in patients with acute heart failure and renal dysfunction
- Low-dose dopamine (2 µg/kg/min) vs. Low-dose nesiritide (0.005 µg/kg/min without bolus) vs placebo on top standard diuretic
- Multicenter, double-blind, placebo-controlled clinical trial
- 360 hospitalized patients with acute HF and renal dysfunction (eGFR 15-60 mL/min/1.73m²), randomized within 24 hours of admission.

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ROSE-AHF study: Chen HH, et al. JAMA 2013.

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ROSE-AHF Study Renal Optimization Strategies Evaluation					
Co-primary end points:					
- 72-hour cumulative urine volume (decongestion end point) and					
- Change in serum cystatin C from enrollment to 72 hours (renal function end point).					
Table 2. Coprimary End Points: Effect of Low-Dose Dopamine vs Placebo or Low-Dose Nesiritide vs Placebo on Cumulative Urine Volume During 72 Hours and Change in Cystatin C Level From Baseline to 72 Hours					
	Mean (95% CI)		Treatment Difference	P Value	
	Placebo (n = 119)	Drug (n = 122)			
Dopamine strategy					
Cumulative urine volume from randomization to 72 h, mL	8296 (7762 to 8830)	8524 (7917 to 9131)	229 (-714 to 1171)	.59	
Change in cystatin C level from randomization to 72 h, mg/L	0.11 (0.06 to 0.16)	0.12 (0.06 to 0.18)	0.01 (-0.08 to 0.10)	.72	
Nesiritide strategy					
Cumulative urine volume from randomization to 72 h, mL	8296 (7762 to 8830)	8574 (8014 to 9134)	279 (-618 to 1176)	.49	
Change in cystatin C level from randomization to 72 h, mg/L	0.11 (0.06 to 0.16)	0.07 (0.01 to 0.13)	-0.04 (-0.13 to 0.05)	.36	
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ORIGINAL ARTICLE

ASCEND-HF Effect of Nesiritide in Patients with Acute Decompensated Heart Failure


C.M. O'Connor, R.C. Starling, A.F. Hernandez, P.W. Armstrong, K. Dickstein, V. Hasselblad, G.M. Heizer, M. Komajda, B.M. Massie, J.J.V. McMurray, M.S. Nieminen, C.J. Reist, J.L. Rouleau, K. Swedberg, K.F. Adams, Jr., S.D. Anker, D. Atar, A. Battler, R. Botero, N.R. Bohidar, J. Butler, N. Clausell, R. Corbalán, M.R. Costanzo, U. Dahlstrom, L.I. Deckelbaum, R. Diaz, M.E. Dunlap, J.A. Ezekowitz, D. Feldman, G.M. Felker, G.C. Fonarow, D. Gennevois, S.S. Gottlieb, J.A. Hill, J.E. Hollander, J.G. Howlett, M.P. Hudson, R.D. Kociol, H. Krum, A. Laucevicius, W.C. Levy, G.F. Méndez, M. Metra, S. Mittal, B.-H. Oh, N.L. Pereira, P. Ponikowski, W.H.W. Tang, S. Tanomsup, J.R. Teerlink, F. Triposkiadis, R.W. Troughton, A.A. Voors, D.J. Whellan, F. Zannad, and R.M. Califf

- Multicenter, double-blind, placebo-controlled clinical trial
- 7141 patients who were hospitalized with acute heart failure
- Nesiritide vs. Placebo for 24 to 168 hours in addition to standard care.
- Within 24 hours after admission/48 hours after diagnosis of acute HF

ASCEND-HF study. *N Engl J Med* 2011; 365: 32-43.



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ASCEND-HF Study

Acute Study of Clinical Effectiveness of Nesiritide in ADHF

Renal Outcomes

Hypotension — no./total no. (%)	930/3498 (26.6)	538/3509 (15.3)	11.3 (9.4 to 13.1)	<0.001
Asymptomatic	748/3498 (21.4)	436/3509 (12.4)	9.0 (7.2 to 10.7)	<0.001
Symptomatic	250/3496 (7.2)	141/3509 (4.0)	3.2 (2.1 to 4.2)	<0.001
>25% decrease in estimated GFR from study-drug initiation — no./total no. (%)	1032/3289 (31.4)	968/3278 (29.5)	1.09 (0.98 to 1.21)	0.11
Baseline estimated GFR <60 ml/min/1.73 m ²	484/1714 (28.2)	449/1717 (26.2)	1.11 (0.96 to 1.3)	0.16
Baseline estimated GFR ≥60 ml/min/1.73 m ²	548/1575 (34.8)	519/1561 (33.2)	1.07 (0.92 to 1.24)	0.38

ASCEND-HF study: *N Engl J Med* 2011; 365: 32-43.

The NEW ENGLAND JOURNAL of MEDICINE


ESTABLISHED IN 1812 MARCH 3, 2011 VOL. 364 NO. 9

Diuretic Strategies in Patients with Acute Decompensated Heart Failure

G. Michael Felker, M.D., M.H.S., Kerry L. Lee, Ph.D., David A. Bull, M.D., Margaret M. Redfield, M.D., Lynne W. Stevenson, M.D., Steven R. Goldsmith, M.D., Martin M. LeWinter, M.D., Anita Deswal, M.D., M.P.H., Jean L. Rouleau, M.D., Elizabeth O. Ofili, M.D., M.P.H., Kevin J. Anstrom, Ph.D., Adrian F. Hernandez, M.D., Steven E. McNulty, M.S., Eric J. Velazquez, M.D., Abdallah G. Kfoury, M.D., Horng H. Chen, M.B., B.Ch., Michael M. Givertz, M.D., Marc J. Semigran, M.D., Bradley A. Bart, M.D., Alice M. Mascette, M.D., Eugene Braunwald, M.D., and Christopher M. O'Connor, M.D.,
for the NHLBI Heart Failure Clinical Research Network*

- Prospective, double-blind, randomized trial
- 308 pts with ADHF Dx within 24 hr, chronic HF, on oral loop diuretic (furosemide 80-240 mg/d, or equivalent) for ≥ 1 mo
- IV bolus vs. IV continuous
- Low-dose strategy (1x) vs. High-dose strategy (2.5x)


45 Felker GM. *New Engl J Med* 2011; 364: 797-805.



UNLOAD study

Heart Failure


Ultrafiltration Versus Intravenous Diuretics for Patients Hospitalized for Acute Decompensated Heart Failure




Maria Rosa Costanzo, MD, FACC,* Maya E. Guglin, MD, FACC,†
 Mitchell T. Saltzberg, MD, FACC,* Mariell L. Jessup, MD, FACC,‡ Bradley A. Bart, MD, FACC,§
 John R. Teerlink, MD, FACC,|| Brian E. Jaski, MD, FACC,¶ James C. Fang, MD, FACC,#
 Erika D. Feller, MD, FACC,** Garrie J. Haas, MD, FACC,†† Allen S. Anderson, MD, FACC,‡‡
 Michael P. Schollmeyer, DVM,§§ Paul A. Sobotka, MD, FACC,§§§ for the UNLOAD Trial Investigators
Lombard and Chicago, Illinois; Detroit, Michigan; Philadelphia, Pennsylvania; Minneapolis and Brooklyn Park, Minnesota; San Francisco and San Diego, California; Boston, Massachusetts; Baltimore, Maryland; and Columbus, Ohio

Objectives	This study was designed to compare the safety and efficacy of veno-venous ultrafiltration and standard intravenous diuretic therapy for hypervolemic heart failure (HF) patients.
Background	Early ultrafiltration may be an alternative to intravenous diuretics in patients with decompensated HF and volume overload.
Methods	Patients hospitalized for HF with ≥ 2 signs of hypervolemia were randomized to ultrafiltration or intravenous diuretics. Primary end points were weight loss and dyspnea assessment at 48 h after randomization. Secondary end points included net fluid loss at 48 h, functional capacity, HF rehospitalizations, and unscheduled visits in 90 days. Safety end points included changes in renal function, electrolytes, and blood pressure.
Results	Two hundred patients (63 ± 15 years, 69% men, 71% ejection fraction $\leq 40\%$) were randomized to ultrafiltration or intravenous diuretics. At 48 h, weight (5.0 ± 3.1 kg vs. 3.1 ± 3.5 kg; $p = 0.001$) and net fluid loss (4.6 vs. 3.3 l; $p = 0.001$) were greater in the ultrafiltration group. Dyspnea scores were similar. At 90 days, the ultrafiltration group had fewer patients rehospitalized for HF (16 of 89 [18%] vs. 28 of 87 [32%]; $p = 0.037$), HF rehospitalizations (0.22 ± 0.54 vs. 0.46 ± 0.76 ; $p = 0.022$), rehospitalization days (1.4 ± 4.2 vs. 3.8 ± 8.5 ; $p = 0.022$) per patient, and unscheduled visits (14 of 65 [21%] vs. 29 of 66 [44%]; $p = 0.009$). No serum creatinine differences occurred between groups. Nine deaths occurred in the ultrafiltration group and 11 in the diuretics group.
Conclusions	In decompensated HF, ultrafiltration safely produces greater weight and fluid loss than intravenous diuretics, reduces 90-day resource utilization for HF, and is an effective alternative therapy. (The UNLOAD trial; http://clinicaltrials.gov/ct/show/NCT00124137?order=-1 ; NCT00124137). (J Am Coll Cardiol 2007;49:675-83) © 2007 by the American College of Cardiology Foundation

Costanzo MR, et al. JACC 2007.



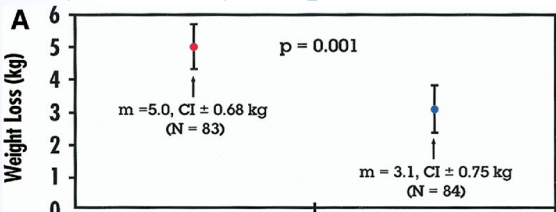
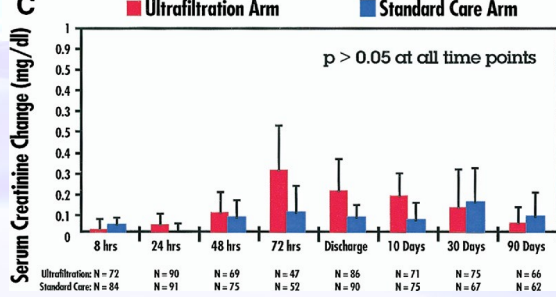
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UNLOAD study: Primary endpoint

Primary efficacy endpoint:
Mean weight loss at 48 hr

Primary safety endpoint:
Serum creatinine change

Time Point	Ultrafiltration (N)	Standard Care (N)
8 hrs	72	84
24 hrs	90	91
48 hrs	69	75
72 hrs	47	52
Discharge	86	90
10 Days	71	75
30 Days	75	67
90 Days	66	62

Costanzo MR, et al. JACC 2007.

CARRESS study ORIGINAL ARTICLE

Ultrafiltration in Decompensated Heart Failure with Cardiorenal Syndrome

Bradley A. Bart, M.D., Steven R. Goldsmith, M.D., Kerry L. Lee, Ph.D., Michael M. Givertz, M.D., Christopher M. O'Connor, M.D., David A. Bull, M.D., Margaret M. Redfield, M.D., Anita Deswal, M.D., M.P.H., Jean L. Rouleau, M.D., Martin M. LeWinter, M.D., Elizabeth O. Ofili, M.D., M.P.H., Lynne W. Stevenson, M.D., Marc J. Semigran, M.D., G. Michael Felker, M.D., Hong H. Chen, M.D., Adrian F. Hernandez, M.D., Kevin J. Anstrom, Ph.D., Steven E. McNulty, M.S., Eric J. Velazquez, M.D., Jenny C. Ibarra, R.N., M.S.N., Alice M. Mascette, M.D., and Eugene Braunwald, M.D.,
for the Heart Failure Clinical Research Network

- 188 patients with **acute decompensated heart failure, worsened renal function** (defined as increase in serum creatinine of ≥ 0.3 mg/dL within 12 weeks before or 10 days after the index admission for heart failure), and **persistent congestion**
- Stepped pharmacologic therapy vs. ultrafiltration (UF 200 ml/hr)
- Mean LVEF 30%, on ACEI 55%, MRA 22%, on oral furosemide 120 mg/day,
- Mean BUN 48.7 mg/dL, Cr 1.90 mg/dL₅₂

Bart BA. New Engl J Med 2012; 367: 2291-304.



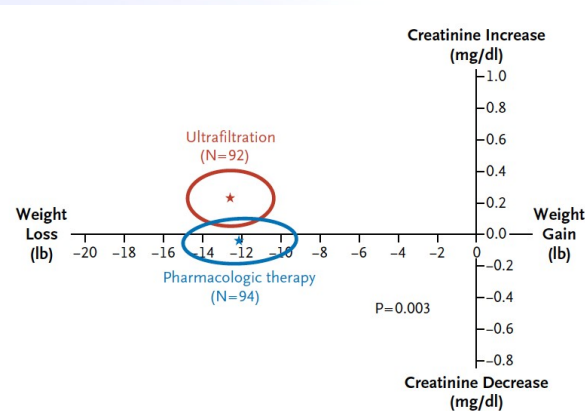
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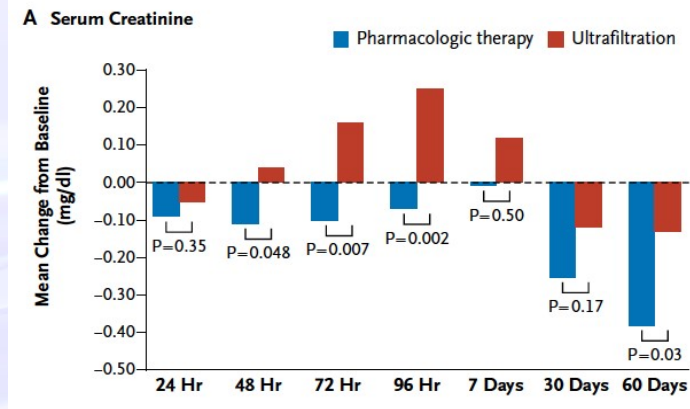
CARRESS study: Primary endpoint

Mean changes in creatinine and weight at 96 hours

188 patients with ADHF, WRF (\uparrow Cr ≥ 0.3 mg/dL in 12 wks), and persistent congestion

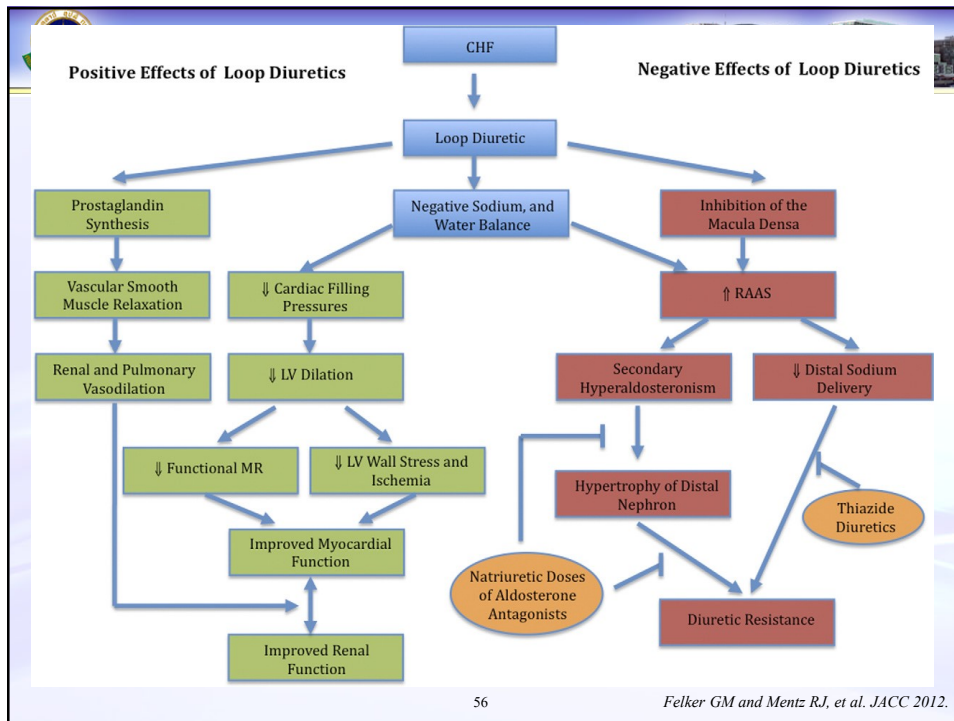


CARRESS study: Changes in Serum Creatinine



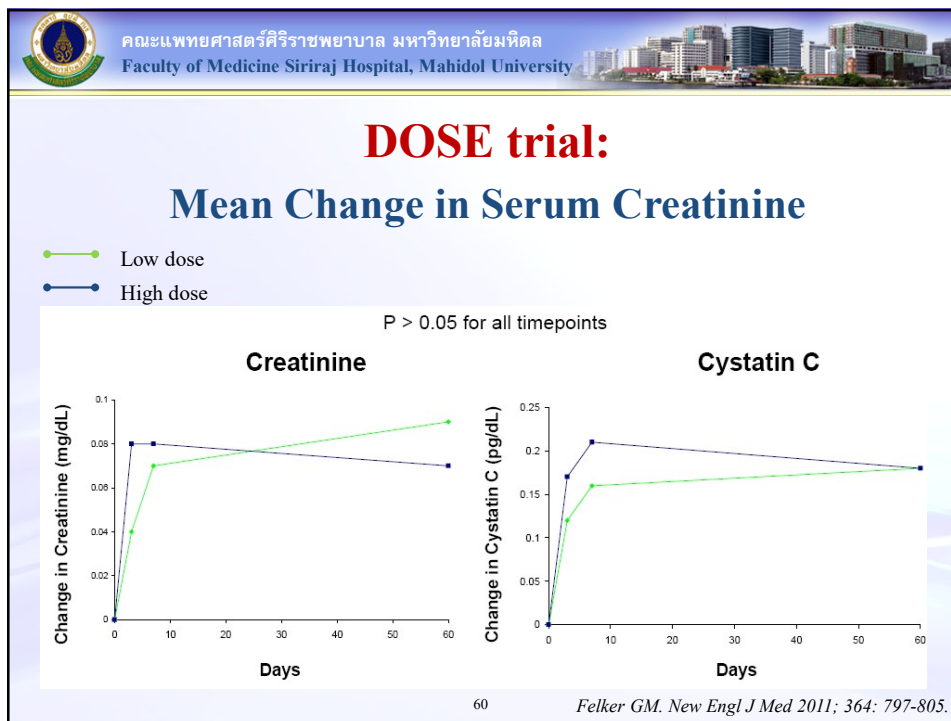
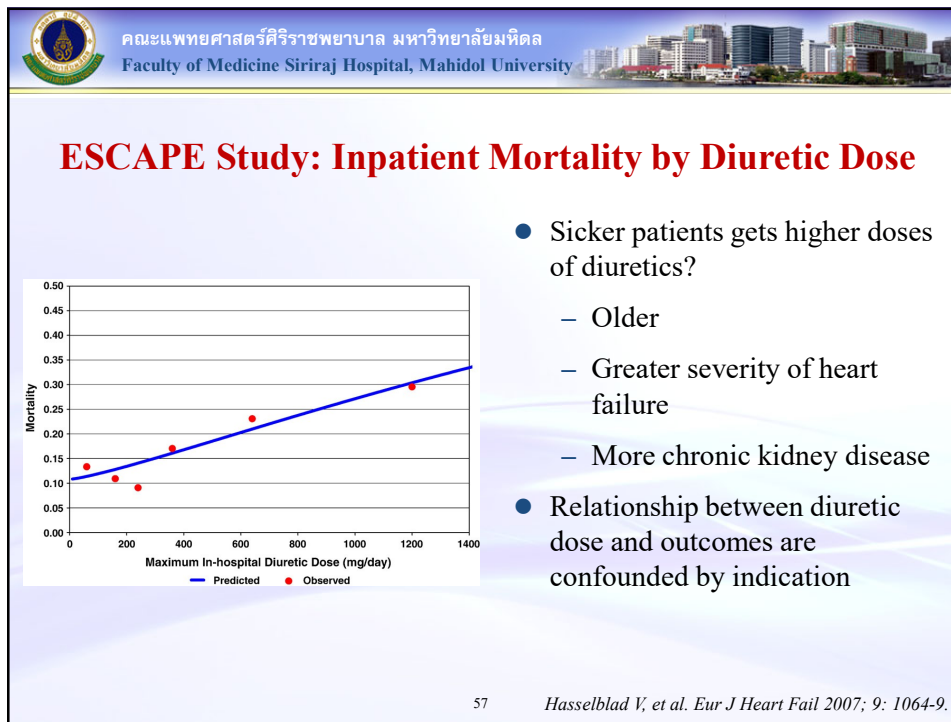
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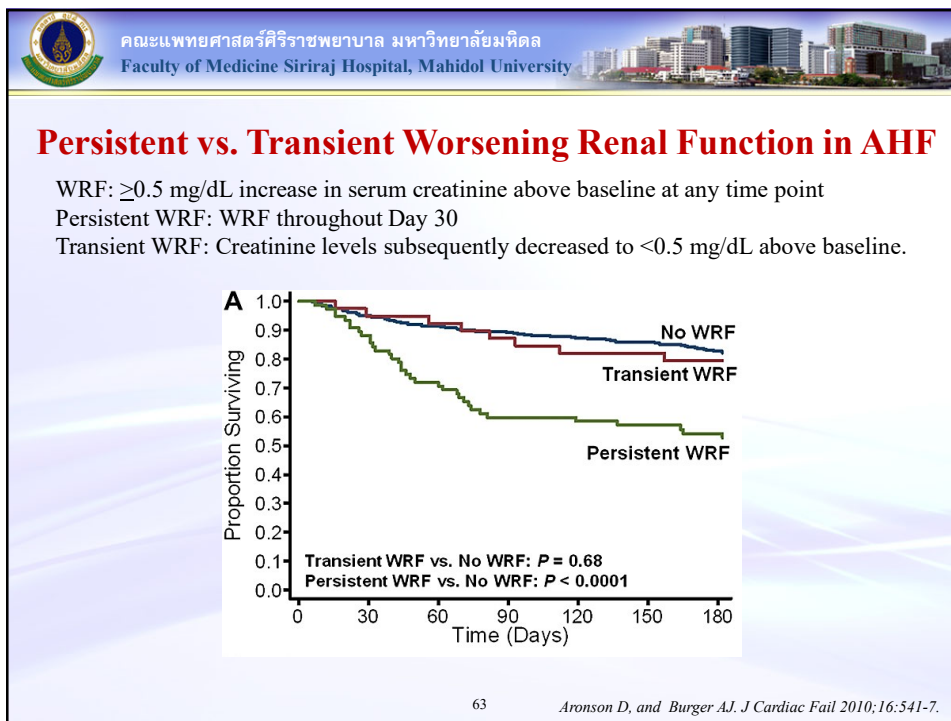
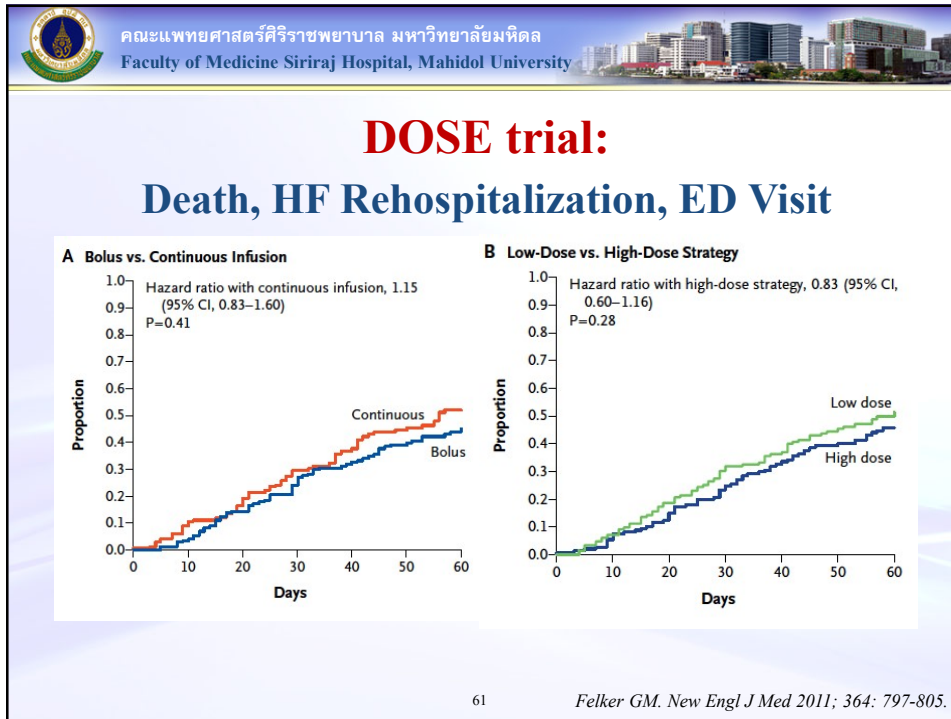
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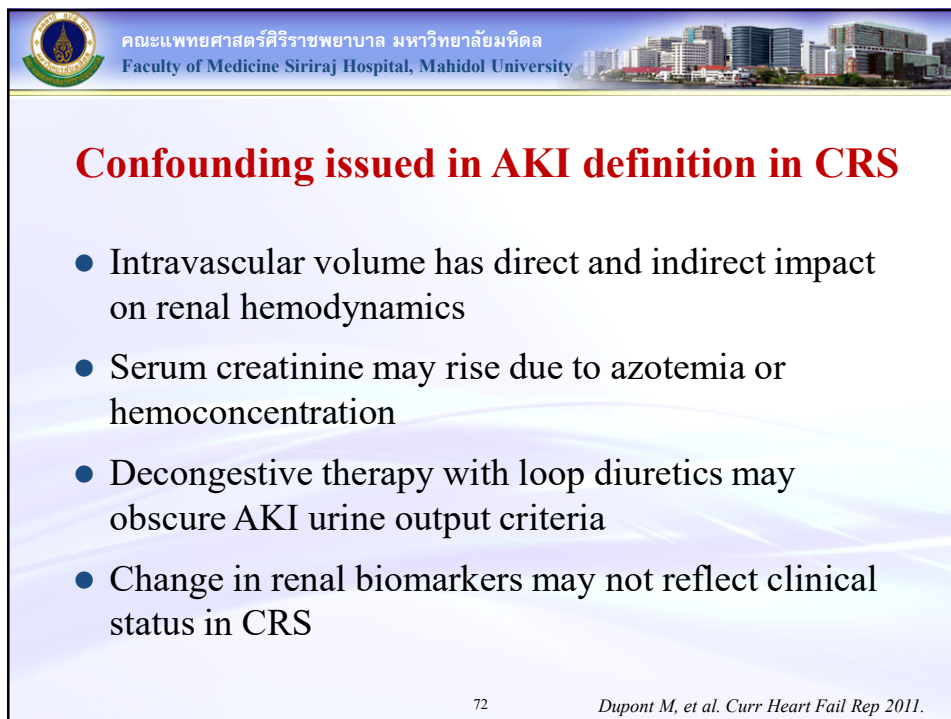
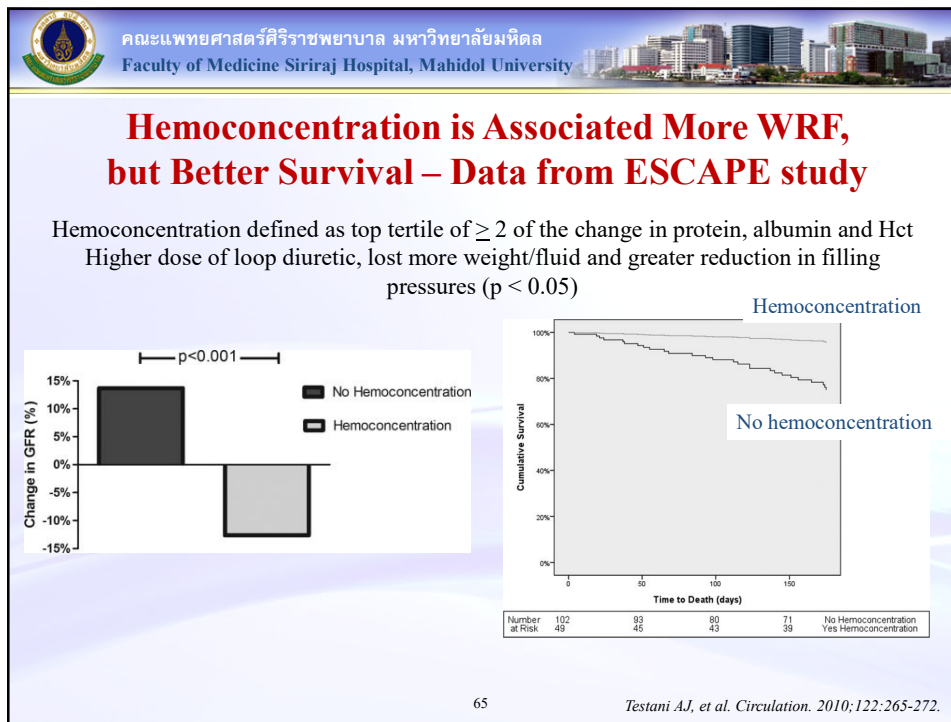


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Felker GM and Mentz RJ, et al. *JACC* 2012.









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Other treatment causes of WRF with different prognostic implications

- NSAIDs
- Nephrotoxic ATB
- AKI secondary to contrast or other nephrotoxic agents
- Urinary tract obstruction
- ATN secondary to hypotension/hypovolemia as result of medications or blood loss

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